

SATURDAY, 10/5

Supporting Adolescents Who Have Been Exposed to Trauma (1 PDU, Ethics)

Presenter: Jennifer Fieten, MA, CCLS

Description: How do we as Certified Child Life Specialists (CCLSs) support adolescents when there are complex systemic issues that are contributing to their violent behavior? This presentation will explore the influence of family violence on adolescent violence, as well as the underlying mental structures that take the form of normal beliefs about the social appropriateness of aggression, and how we can support these adolescents when there are complex systemic issues that are contributing to their violent behavior, integrating a case example and the personal experiences of a CCLS into the conversation.

Time, Energy, and Ingenuity: A Children's Hospital and Community Non-Profit Organization Come Together to Provide a Comprehensive 50/50 Child Life Internship (1 PDU, Intervention)

Presenters: Tammy Else, CCLS & Sarah Somers, CCLS

Description: There's not just one way to complete an internship anymore! With the approval of ACLP, two Certified Child Life Specialists created a 600-hour internship that gives students a multi-faceted experience and perspective. The goal is to create a template that can be used for any two agencies to create a shared internship. There are many transferable skills that can help in hospital and community settings alike. There are guidelines being created by ACLP that will be used to assure that community-based programs are still contributing to preparation for the certification exam. We will present our program and template to allow others to see how they could collaborate with another community-based program to give more internship opportunities! This is great for smaller programs with CCLS in both agencies to allow a well-rounded experience for the students and shared instruction by both certified specialists. The amazing part of this template is that it could be applied to a partnership between a variety of alternative settings: hospital, grief center, hospice, ABA Center, funeral home, school/counseling program, etc. The possibilities are endless and with the competition so high for so few placements- this can help develop our field!

SATURDAY, 10/5

1:15 PM: Break

1:30 PM: SESSION THREE (Choose 1)

Implementing Internship Scholarships to Promote Diversity in Child Life Departments

(1 PDU, Ethics)

Presenters: Rebecca Belden, MS, CCLS & Sara Crevar, MA, CCLS

Description: The financial implications of internship requirements often bar diverse students from entering the fields of child life, music therapy, and therapeutic recreation. Discover how one hospital's child life department created an internship scholarship in an effort to lessen this barrier, to documented success. This presentation discusses how to assess a need for, implement, and continually evaluate the efficacy of a similar scholarship at one's own institution.

Level-Up Your Patient Experience: Using Recreational Technology to Enhance the Child Life Profession

(1 PDU, Assessment OR Intervention)

Presenters: J.J. Bouchard, CCLS, CTRS, Conner Rivera, BS, Dylan Lester, BA, Andrew Gabanyicz

Description: With the rise of video games and recreational STEAM technology, there is an opportunity for Child Life Specialists and multidisciplinary teams to utilize these new and emerging technologies into practice. Electronic video games and technology-based interventions have proven to positively affect patients' acute pain, stress, and anxiety. Through understanding the benefits of using technology and identifying potential opportunities to engage in technology-based interventions, child life professionals have the incredible opportunity to level-up their patient care.



SATURDAY, 10/5

1:30 PM: SESSION THREE (Choose 1)

In My Professional Growth Era: Finding Fulfillment in Diverse Leadership Opportunities

(1 PDU, Ethics)

Presenters: Hanna Mathess, MS, CCLS & Lexi Frazier, MS, CCLS

Description: Leadership development early in your career contributes to professional growth, increased job satisfaction, and decreases burnout. In this presentation, the presenters will discuss the leadership skills Child Life Specialists can develop, how to gain these skills, and the feelings that arise when taking on new responsibilities. Participants will leave this session understanding that leadership is not solely a title, but a compilation of skills.

2:30 PM: Break

SATURDAY, 10/5

2:40-3:40 PM: Plenary Session (Not Recorded)



Laughter Yoga & More!

(1 PDU, Intervention or Professional Responsibility)

Christine Smith, BS

Laughter Yoga is a unique type of yoga! No yoga poses, yoga clothes or mats! Yoga poses are replaced with laughter activities.

Intermittently we pause to take deep breaths and we end the session with guided relaxation. In addition to doing Laughter Yoga, you'll learn how laughing improves your mental, emotional, and physical health. We'll explore beliefs about laughing, and the difference between laughter and humor. We'll also discuss how you can bring more lightheartedness and laughter into your life and work! This presentation is not only educational, it is interactive and fun!

3:40 PM: Closing Remarks

4:00 PM: Tour of Cleveland Clinic (limited to 25)



SATURDAY, 10/5

Time reflects Eastern Standard Time (EST)

7:30 AM: Check-in

8:00 AM: Welcome to Conference!

8:10 AM: Keynote Speaker (Not Recorded)

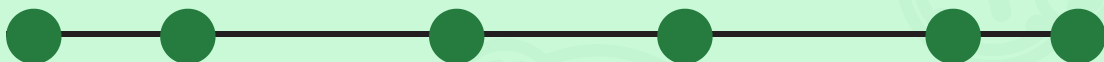


Holding Space—Walking Each Other Home

(1 PDU, Professional Responsibility or Intervention)
Rev. Chuck Behrens

Holding Space is a therapeutic intervention that allows one to be with another without unconditional judgment. It entails giving your ears, your heart and your time without ever wanting/expecting anything in return. It is a personification of empathy and compassion in accepting someone's truth no matter who or what they are. Through a variety of information, case studies and experiential one will be able to identify the essential components and the importance of Holding Space.

9:10 AM: Ice Breaker



SATURDAY, 10/5

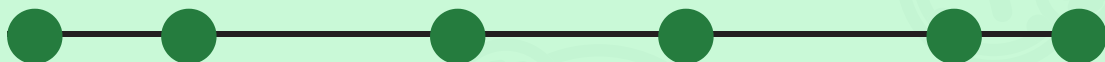
9:30 AM: Break

9:45 AM: PART ONE CLA OR STUDENT TRACK
(Not Recorded)

Student Intensive: Inspiration from the Field

Panelists that will represent different components of academic preparation: Pre-Internship, Internship, and Transition from Internship to Professional. Get ready to learn from those working in the field firsthand!

CLA Intensive: Part One of this CLA Intensive includes a meet and greet with other CLAs across our region. Come prepared to discuss events, working with multi-disciplinary members, crafting/activities, and documenting/charting in this first half.



SATURDAY, 10/5

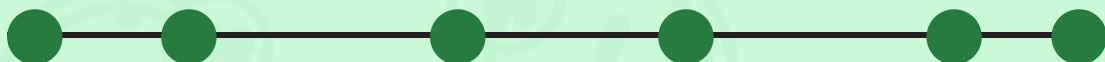
11:15 AM: Lunch & Networking Tables

12:15 PM: PART TWO CLA OR STUDENT TRACK
(Not Recorded)

Student Intensive: Being Prepared, Resilient and Confident

With the support from an expert child life educator and a student coordinator, discuss all the facets of making a good impression with navigating your Child Life Journey from student to professional.

CLA Intensive: In Part Two of this CLA Intensive, we will discuss donations, resources, and electronics. We will have a hands-on activity/craft, with a special closure to our intensive. At the end, we hope to have a clearer picture of the work CLAs do within our region and have a stronger connection of resources.



SATURDAY, 10/5

1:15 PM: Break

1:30 PM: PART TWO OF CLA OR STUDENT TRACK CONTINUED (Not Recorded)

2:30 PM: Break

2:40 PM: Plenary Session (Not Recorded)



Laughter Yoga & More!

(1 PDU, Intervention or Professional Responsibility)

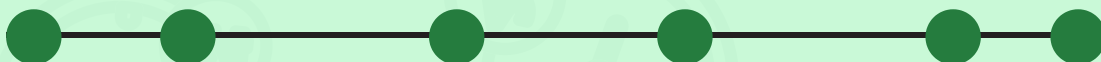
Christine Smith, BS

Laughter Yoga is a unique type of yoga! No yoga poses, yoga clothes or mats! Yoga poses are replaced with laughter activities.

Intermittently we pause to take deep breaths and we end the session with guided relaxation. In addition to doing Laughter Yoga, you'll learn how laughing improves your mental, emotional, and physical health. We'll explore beliefs about laughing, and the difference between laughter and humor. We'll also discuss how you can bring more lightheartedness and laughter into your life and work! This presentation is not only educational, it is interactive and fun!

3:40 PM: Closing Remarks

4:00 PM: Tour of Cleveland Clinic (limited to 25)



More Information

Dress Code

Friday 10/4: Casual

Saturday 10/5: Business Casual

Lodging Information

There is a block of rooms at the InterContinental Cleveland Hotel and Conference Center

Price: \$189 + tax

Address: 9801 Carnegie Ave
Cleveland, OH 44106

Direct Link to reserve your room:
[Child Life Conference 2024](#)

RSVP by 9/4/24

Other Nearby Area Choices:

Hilton Cleveland Downtown

100 Lakeside Ave E, Cleveland, OH 44114

Homewood Suites by Hilton Cleveland-Beachwood

25725 Central Pkwy,
Beachwood, OH 44122

****If you are interested in rooming with another attendee, please indicate this on your registration form and we will do our best to connect you before reservations are closed.****

