

# STANDING THE TEST OF TIME

October 4-5, 2024



 **GLACLP**  
Great Lakes Association of Child Life Professionals

&

Cleveland Clinic

present the

## 2024 Annual Conference

# *Join us for a spectacular weekend!*

- In-Person & Pre-Recorded Sessions
  - Pre-Recorded Sessions-only registration (not all sessions will be recorded)
  - Networking Opportunities
  - Professional Intensive
  - Student Learning & Interview Prep
  - Child Life Assistant Intensive
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- *3 PDUs on-site Friday*
  - *8.5 PDUs on-site Saturday on-site*
  - *12.5 PDUs for Saturday on-site + Recordings*
  - *10.5 PDUs for Recordings only*
  - *15.5 PDUs for FULL Package!*

# *Join us for a spectacular weekend!*

*(Time reflects Eastern Standard Time)*

## **Friday, October 4th, 2024 1P-6P FOR PROFESSIONALS ONLY**

1:00P - Check in  
1:30P - GLACLP Membership Meeting  
2:00P - Professional Intensive  
5:00P - Educator's Meeting  
6:00P - Optional Dinner

## **Saturday, October 5th, 2024 7:30A-4P FOR EVERYONE**

7:30A - Check in  
8:00A - Welcome  
8:10A - Keynote  
9:10A - Ice Breaker  
9:30A - Break  
9:45A - Session 1  
11:15A - Lunch and Networking Tables  
12:15P - Session 2  
1:15P - Break  
1:30P - Session 3  
2:30P - Break  
2:40P - Plenary  
3:40P - Closing Remarks  
4:00P - See you next year! Tour of  
Cleveland Clinic



FRIDAY, 10/4 &  
SATURDAY, 10/5

*For Child Life  
Specialists/Educators/  
Associates*

Follow the PURPLE background for this conference track

SATURDAY, 10/5

*For Students and  
Child Life Assistants*

Follow the GREEN background for this conference track

## FRIDAY, 10/4

\*Time reflects Eastern Standard Time (EST)\*

**1:00 PM:** Check-In

**1:30 PM:** GLACLP Membership Meeting

**2:00 PM:** Professional Intensive (*Not Recorded*)

*Lindsay Herring,  
MS, CCLS*



*Vicky Isaacson,  
MS, CCLS, NCC*



*Satisfaction in Child Life: Pursuing Career  
Enrichment Through Professional Engagement &  
Collaboration*

3 PDU Professional Development

*\*Summary on next page\**

**5:00 PM:** Educator's Meeting

**6:00 PM:** Optional Dinner Off-Site



## FRIDAY, 10/4

### *Satisfaction in Child Life: Pursuing Career Enrichment Through Professional Engagement & Collaboration*

In the aftermath of the COVID-19 pandemic, the child life profession continues to face significant obstacles. These challenges impact how child life professionals cope both at work and home and might influence an individual's perception of the larger child life community as well as their outlook on the profession. Participants will learn individual and team strategies to strengthen resiliency, support wellness, and hopefully infuse a renewed passion for child life work. The discussion will highlight how individuals can leverage professional engagement, collaboration, and leadership development within their organizations and professional associations to increase job and personal satisfaction. Presenters will lead discussions on how innovative thinking can lead to positive change in the daily workload of a child life specialist, the pathway to the profession, and the community of child life. This intensive will be relevant for new, mid-level, and seasoned professionals working in clinical and academic settings.





# SATURDAY, 10/5

\*Time reflects Eastern Standard Time (EST)\*

**7:30 AM:** Check-in

**8:00 AM:** Welcome to Conference!

**8:10 AM:** Keynote Speaker (Not Recorded)



## ***Holding Space—Walking Each Other Home***

(1 PDU, Professional Responsibility or Intervention)  
Rev. Chuck Behrens

Holding Space is a therapeutic intervention that allows one to be with another without unconditional judgment. It entails giving your ears, your heart and your time without ever wanting/expecting anything in return. It is a personification of empathy and compassion in accepting someone's truth no matter who or what they are. Through a variety of information, case studies and experiential one will be able to identify the essential components and the importance of Holding Space.

**9:10 AM:** Ice Breaker



## SATURDAY, 10/5

**9:30 AM:** Break

**9:45 AM:** SESSION ONE (Choose 1)

***Staying Afloat: Finding Self-Empowerment through Building Adaptive Coping Skills***

**(1.5 PDUs, Professional Development)**

Presenter: Jillian Haley, CCLS

Description: This presentation will seek to explore coping- defining Stressors, the Loss of Control Threshold, Maladaptive & Adaptive Coping – exploring how they impact us on a personal level. In Child Life we teach our patients coping skills, but we rarely turn that same knowledge inward. If we want to build resilience and self-empowerment then we need to take time to develop our own coping skills while actively seeking to build resources that uplift and empower us.

***I See You: Recognizing the Unique Needs of AYAs 16-24 in an Inpatient Adult Trauma Setting***

**(1.5 PDU, Intervention)**

Presenters: Lauren Watt, BS, CCLS, Colleen Rosen, MA, CCLS & Bev Soggs, MA, CCLS

Description: Child life can serve a vital role with adolescents and young adults in an adult hospital setting through trauma-informed care. Educating this population on the mental and emotional components of their trauma provides space for healing. Participants will learn strategies for introducing services to an older patient population, educating staff, and empowering patients to recognize trauma responses and identify coping strategies. This presentation will explore resources to connect with patients and encourage greater emotional expression.





# SATURDAY, 10/5

## ***Life at the Hospital: Cardiology Eras (1.5 PDUs, Assessment OR Intervention)***

Presenters: Courtney Lyon, BS, CCLS & Jordan Oldham, BS, CCLS

Description: Despite medical advancement in the cardiology field and improved survival rates of children with congenital heart disease, children with single ventricle physiology and their families face a myriad of challenges beyond medical needs including psychological, social, emotional, and financial stressors (Mery et al., 2023). Presenters will describe from beginning to end the different eras each patient and family go through from diagnosis, and how child life specialists prepare, educate, support, and prioritize through each step.

## **11:15 AM: Lunch & Networking Tables**

## **12:15 PM: SESSION TWO (Choose 1)**

## ***Feeling on a Spectrum: A Review of Hypo vs Hyper Sensitivities (1 PDU, Assessment OR Intervention)***

Presenter: Jillian Haley, CCLS

Description: We are all aware that neurodivergence exists on a spectrum, but we don't often get a chance to explore the intricacies of that spectrum, often missing a crucial opportunity to support patients and their families. This session would explore the 8 senses- gustatory, olfactory, auditory, tactile, visual, proprioception, vestibular, and interoception. Within each category we will discuss the hypo and hyper sensitivity responses and offer suggested interventions.

