

Justification of Child Life Services

Title: Facilitating play for hospitalized children through child life services

Review: A visit to the hospital can be a frightening experience for children. In this article it discusses through the use of literature reviews how a Child Life Specialist can use play to help a child's anxiety through different types of play. These include Normative, Medical, and Therapeutic Play. This article showcases the importance of play in the health care setting and the role that Child Life Specialists are involved in with helping children have fun, learn about the medical experience, gain control and express themselves.

Year of Publication: 2014

DOI: 10.1080/02739615.2014.948161

Age Group: Toddler, Preschool, School Age, and Adolescent

Keywords: Anxiety, Childhood, Hospitalization, Child Life, Play

APA Citation: Burns-Nader, Sherwood & Hernandez-Reif, Maria. (2014). Facilitating Play for Hospitalized Children Through Child Life Services. *Children's Health Care*. 45.

10.1080/02739615.2014.948161.

Title: End of Life Issues in US Child Life Specialist Program: 2009-2019

Review: Child Life specialists play a crucial role with children and their families when the child has a life-threatening illness. Are programs designed to train child life specialists expanded over the last 10 years. This study followed-up a previous study a decade before if offering end of life issues have changed since 2009. In the last decade end-of-life issues continue to emphasize and expand on the issues of end-of-life and how to provide a role in the communication, grief and bereavement.

Year of Publication: 2020

DOI: 10.1007/s10566-020-09579-w

Age Group: Preschool, School Age, and Adolescent

Keywords: Child Life Specialist, End-of-Life issues, Death and Dying, Education

APA Citation: Dickinson, G. & Morris, D. (2021). End-of-Life Issues in US Child Life Specialist Programs: 2009–2019. *Child & Youth Care Forum*. 50. 1-12. 10.1007/s10566-020-09579-w.

Title: Children's distress during intravenous placement: The role of child life specialist

Review: The purpose of this article is to discuss and assess the effectiveness of child life specialists' interventions to minimize distress for children undergoing IV placement. As a result of this study it was found that with the assistance of child life specialists and the support they provide reduces the children's distress during painful and invasive procedures such as IV placement.

Year of Publication: 2018

DOI: 10.1080/02739615.2018.1492410

Age Group: Infant, Toddler, Preschool, School Age, and Adolescent

Keywords: IV placement, Pain management, Child Life Specialist

APA Citation: Diener, M., Lofgren, A., Isabella, R., Magana, S., Choi, C., & Gourley, C.. (2018).

Children's distress during intravenous placement: The role of child life specialists. *Children's Health Care*. 48. 1-17. 10.1080/02739615.2018.1492410.

Title: Patient Awake While Scanned: Program To Reduce the Need for Anesthesia In Pediatric MRI

Review: *This article talks about radiology procedures such as MRI on the rise for pediatric patients and the use of anesthesia to complete the scans. However with the interventions of a Child Life Specialists and a program implemented called PAWS (Patient Awake While Scanned). Through this program it minimized health risks associated with anesthesia.*

Year of Publication: 2020

Age Group: Preschool, School Age, and Adolescent

Keywords: Certified Child Life Specialist, MRI, radiology, children, preparation, procedural support

APA Citation: Fraser, C., Gray, S.B., & Boles, J. (2020). Patient awake while scanned: Program to reduce the need for anesthesia in pediatric MRI. *Pediatric nursing*. 45(6). 283-288.

Title: Working with Children with Autism Spectrum Disorder in a Medical Setting: Insights from Child Life Specialists

Review: *This study is to gain understanding of child life specialist experience with and suggestions for working with children with autism spectrum disorder (ASD) in a medical setting. Many participants believe that many medical professionals including child life specialists are not adequately prepared to work with children with autism and more collaboration is needed to meet the needs of these children.*

Year of Publication: 2020

DOI: 10.1007/s10803-019-04245-0

Age Group: Toddlers, Preschool, School-Age and Adolescent

Keywords: Autism spectrum disorder, Child Life Specialist, Pediatric medical care, Mixed Methods

APA Citation: Jensen, E., Geisthardt, C., & Sarigiani, P. (2020). Working with Children with Autism Spectrum Disorder in a Medical Setting: Insights from Certified Child Life Specialists. *Journal of Autism and Developmental Disorders*. 50. 10.1007/s10803-019-04245-0.

Title: The role of child life in pediatric radiology

Review: *In this article it discusses the key role of child life specialists in a pediatric radiology department and provides examples of how child life can impact patient safety, patient and family satisfaction and operational efficiency.*

Year of Publication: 2020

DOI: 10.1007/s00247-020-04795-x

Age Group: Preschool, School Age, and Adolescent

Keywords: Child Life Specialist, Children, Efficiency, Patient Experience, Pediatric radiology

APA Citation: Kinnebrew, S., Dove, C., Midwin, C., Olson, T., & Guimaraes, C. (2020). The role of child life in pediatric radiology. *Pediatric radiology*. 50. 1509-1513. 10.1007/s00247-020-04795-x.

Title: Effectiveness of Adaptive Care Plans for Children with Developmental Disabilities During Outpatient Clinic Appointments

Review: This study looks at the effectiveness of an adaptive care plan for children with developmental disabilities like ASD in the health care settings. Those with adaptive care plan found to have less psychosocial distress than ones who did not.

Year of Publication: 2021

DOI: 10.1007/s10803-020-04764-1

Age Group: Preschool, School Age, and Adolescent

Keywords: Adaptive care plan, patient-centered care, developmental disability, Child Life Specialist

APA Citation: Liddle, M., & Sonnentag, T. (2021). Effectiveness of Adaptive Care Plans for Children with Developmental Disabilities During Outpatient Clinic Appointments. *Journal of Autism and Developmental Disorders*. 51. 1-11. 10.1007/s10803-020-04764-1.

Title: The Scope and Future Direction of Child Life

Review: Child life specialists work in a variety of healthcare settings and helping children and families cope with stress through play, preparation and education. However, in this study is to examine the current scope and what can be improved in the future for awareness and knowledge.

Year of Publication: 2018

DOI:10.1007/s10826-018-1031-6

Age Group: Preschool, School Age, and Adolescent

Keywords: Child Life Specialist, Family-centered care, hospital play specialist.

APA Citation: Lookabaugh, S. & Ballard, S. (2018). The Scope and Future Direction of Child Life. *Journal of Child and Family Studies*. 27. 10.1007/s10826-018-1031-6.

Title: A Randomized controlled trial: child life services in pediatric imaging

Review: This controlled trial was to assess the impact of a child life specialist on parent satisfaction, staff satisfaction, child satisfaction, and parent and staff perceptions of child pain and distress in a pediatric imaging department.

Year of Publication: 2014

DOI:10.1007/s00247-014-3005-1

Age Group: Toddler, Preschool, School Age, and Adolescent

Keywords: Randomized controlled trial, Child Life Specialist, Family-centered care, pediatric imaging sciences, Child distress, Parent satisfaction

APA Citation: Tyson, M., Bohl, D., & Blickman, J. (2014). A randomized controlled trial: child life services in pediatric imaging. *Pediatric radiology*. 44. 10.1007/s00247-014-3005-1.

Title: Reducing preoperative anxiety with Child Life preparation prior to intravenous induction of anesthesia: A randomized controlled trial

Review: This study looks at the effectiveness child life specialist preparation can have on the anxiety level of children undergoing anesthesia.

Year of Publication: 2019

DOI: 10.1111/pan.13802

Age Group: Preschool, School Age

Keywords: Ambulatory surgical procedures, Anesthesia, anxiety, child, operating rooms, preoperative, Child Life Specialist

APA Citation: West, N., Christopher, N., Stratton, K., Görges, M., & Brown, Z. (2019). Reducing preoperative anxiety with Child Life preparation prior to intravenous induction of anesthesia: A randomized controlled trial. *Pediatric Anesthesia*. 30. 10.1111/pan.13802.