

## Child and Family Life CCLS Fellowship

As the first Child Life program in the country, The Child and Family Life Department at C.S. Mott Children's Hospital is dedicated to decreasing the pain and anxiety associated with hospitalization for its patients and families. Our child life staff has a variety of Bachelors and Master's degrees focused on the development of children. We provide services specific to developmentally appropriate play, diagnosis and procedure preparation and support, education, music and art therapy, and overall coping.

The University of Michigan, along with the Child and Family Life Department, is committed to providing quality education and training for both students and professionals. The child life specialist fellowship offers entry-level child life experience for a college graduate who has completed a minimum 480 hour child life internship. Certification or exam eligible preferred.

### Program Details

1. The fellowship provides a salary for a full-time (40 hours per week), 12-month placement. Hands on clinical experience, training, education, and supervision are provided as part of the fellowship experience.
2. The child life specialist fellowship for 2018 will have a concentrated clinical rotation on a unit determined by departmental need and the fellow's areas of interest. Clinical work will focus on the needs of pediatric patients and families specific to diagnosis education, procedure support, bereavement, parent/sibling support, and advocacy, along with other child life interventions.

Additional clinical rotations may include the emergency department, surgery, general inpatient units and outpatient clinics. The fellowship schedule will vary and may include weekend hours and evening hours, as well as coverage for staff due to illness, vacation, or leave.

3. Each 40-hour week will include (may vary depending on the week):
  - 35 hours - clinical/direct work with children and planning for this work
  - 1 hour in-service education
  - 1 hour direct mentor supervision
  - 1 medical or psychosocial rounds
  - 1 hour journal or article review
  - 1 hour—Child and Family Life/Mott committee meetings
4. The fellowship will provide the following:
  - Experience in several areas of the hospital.
  - Clinical experience with children of a variety of developmental levels. This will include both acute and chronically ill patients and their families.

- Participation as a member of the health care team and in psychosocial rounds.
  - Work with families from diverse backgrounds.
  - Supervision and teaching experience through time spent with both volunteers and students.
5. Skills that are developed and focused on during the fellowship include:
- Documentation
  - Assessment of development, understanding, and coping
  - Preparation of children for hospitalization and procedures
  - Communication skills
  - Advocating for the role of the CCLS, the patient, and the family
  - Professional presentation skills
6. This child life specialist fellowship at C.S. Mott is geared to individuals who:
- Have completed a child life specific internship
  - Are certified or eligible to sit for the certification exam
  - Seek further career development in the child life field
  - Want experience with all ages and diagnoses in a high acuity setting

## Department Fellowship Requirements

1. Successful completion of assigned rotations per supervisor evaluation.
2. Attendance of Internship Seminars.
3. Attend and co-present at 2 Intern clinical skills sessions.
4. Attend 2 Health System presentations a month. This can include Grand Rounds, Grief Rounds, Brown Bags lunches, Schwartz and various other talks approved by your mentor.
5. Completion of 2 literature reviews.
6. Completion of 1 sample conference abstract submission.
7. Attend 1 school-reentry visit.
8. Present at 2 staff meetings on a topic that will enhance staff's clinical skills.
9. Attend one external donor related event.
10. Visit 3 other Child Life Programs.

## Benefits

1. Monthly stipend
2. Medical and dental insurance
3. Educational materials
4. Conference funding

## Deadline

Application due date is Monday November 27<sup>th</sup> with an anticipated fellowship start date of Monday February 5<sup>th</sup>. The Child and Family Life fellowship runs for 12 months.

For more information about the fellowship program please contact Lauren Thomas at 734 936-8495 or [Lkyle@umich.edu](mailto:Lkyle@umich.edu).